

Curriculum Vitae

Professor Dr Asmat Shaheen

**BDS, M.Phil, PhD, CHPE,
DHPE, MHPE Scholar**

PERSONAL DETAILS

Name ; Asmat Shaheen
Date of Birth ; 2nd December 1965
Gender ; Female
Marital Status ; Married
CNIC ; 12101-1974102-4
Nationality ; Pakistani
Address (permanent) ; Village and Post Office Chokara, Tehsil Tahte Nasrati,
District Karak, Khyber Pakhtunkhwa, Pakistan.
Address (correspondence) ; Department of Biochemistry KMU Institute of Medical
Sciences Kohat Pakistan
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ACADEMICS

2025-26 MHPE, Scholar IHPE&R, Khyber Medical University, Peshawar, Pakistan.
2023-24 DHPE, IHPE&R, Khyber Medical University, Peshawar, Pakistan.
2021-22 CHPE, IHPE&R, Khyber Medical University, Peshawar, Pakistan.
2011-2018 PhD, Department of Biochemistry, Khyber Medical University, Peshawar
Pakistan.

TITLE OF THESIS: STUDIES OF GENETIC POLYMORPHISMS WITH SPECIAL
REFERENCE TO NICOTINAMIDE PHOSPHORIBOSYL TRANSFERASE LEVEL IN
PREGNANCY COMPLICATED BY HYPERTENSION

2005-2007 M.Phil, Department of Biochemistry, The University of Lahore, Pakistan.

TITLE OF THESIS: SERUM ALKALINE PHOSPHATASE IN DIABETES MELLITUS
TYPE 2 AND ITS RELATION WITH PERIODONTITIS

1986-1991 BDS- Khyber College of Dentistry, Peshawar, Khyber Pakhtunkhwa, Pakistan.

PMDC No2239-D Faculty Reg.No.677/2239D/D

RESPONSIBILITIES / POSITIONS HELD IN KHYBER MEDICAL
UNIVERSITY

- 1) Serving as member of SENATE Khyber Medical University, Peshawar
- 2) Serving as member Academic Council, Khyber Medical University, Peshawar.
- 3) Member of Advance Studies & Research Board (ASRB) of KMU
- 4) Member of Board of studies, KMU-IMS Khyber Medical University Peshawar

- 5) Member of Board of Faculties, KMU-IMS Khyber Medical University Peshawar
- 6) Professor of Biochemistry
- 7) Head of Department of Biochemistry, KMU-IMS, Kohat
- 8) Supervising MBBS students since 2009
- 9) Every year 100 students of MBBS graduate from KMU-IMS
- 10) Every year 50 students of BDS graduates from KMU-IDS

Reviewer of Biomedical journal

KMUJ member Review panel

List of Publications:

Serial no.	Journal name	Year	Volume	Title
1.	KMJ KUST Medical journal	2009	1	Serum Alkaline Phosphatase Level In Patients With Type 2 Diabetes Mellitus And Its Relation With Periodontitis
2.	KMUJ: KHYBER MEDICAL UNIVERSITY JOURNAL	2015	7	Risk Factors of Pre-Eclampsia/Eclampsia and Its Adverse Outcomes in Low- and Middle-Income Families
3.	Pak j m. Med Science	2016	32	Adipokine Serum Visfatin Level in Pregnancy Induced Hypertension And Uncomplicated Pregnancy
4.	Gomal Journal of Medical Sciences	2016	14	Circulating visfatin level and its association with lipid biomarkers in pregnancy induced hypertension
5	Khyber Journal of Medical sciences	2017	10	Correlation of Maternal Circulating Serum

				Visfatin with Clinical and Biochemical Parameters in Preeclampsia
6.	J. Med Sciences	2017	25	Maternal Serum Visfatin Level in Preeclampsia and late pregnancy and its effect on biochemical parameters
7.	JPMI	2017	31	Systematic review and meta-analysis of association of B2 adrenergic receptors gene polymorphism with nocturnal Asthma
8.	J Pak Med Assoc	2018	68	Association of arg 16 gly angln27 glu.b2 adrenergic receptor gene polymorphism with asthma. A systematic review and meta-analysis of case control studies
9.	Clinical Nutrition 37, S290	2018	37	Serum visfatin level and its relationship to anthropometric and metabolic parameters in pregnancy induced hypertension R Nazli, A Shaheen, S Fatima, MJ Khan
10.	Pharmaceutics 2021, 13, 402. https://doi.org/10.3390/pharmaceutics13030402	2021	13	Ballodiolic Acid A and B: Two New ROS, (\bullet OH), (ONOO $^-$) Scavenging and Potent Antimicrobial Constituents Isolated from <i>Ballota pseudodictamnus</i> (L.) Benth.
11.	Biomolecules 2021, 11, 206. https://doi.org/10.3390/biom11020206	2021	11	Green Synthesis, Characterization, Enzyme Inhibition, Antimicrobial Potential, and Cytotoxic Activity of Plant Mediated Silver Nanoparticle Using <i>Ricinus communis</i> Leaf and Root Extracts
12	J Khyber Coll Dentistry	2021	01	SERUM IRON LEVELS IN PSORATIC PATIENTS IN PAKISTAN
13	Journal of Rawalpindi Medical College (JRMC)	2022	26(1): 46-51	Lipid Profiles and Its Association with Pre-

				Eclampsia and Eclampsia in Nulliparous Pregnant Women
14	Journal of Clinical Laboratory Analysis published by Wiley Periodicals LLC (J Clin Lab Anal)	2021	35:e23809	Evaluation of hematological parameters as an indicator of disease severity in COVID- 19 patients: Pakistan's experience
15	J Ayub Med Coll Abbottabad	2022	34 (1)	Relationship of serum visfatin levels with serum electrolytes, liver profile, hepatic enzymes and anthropometric parameters in pregnant women with preeclampsia and eclampsia during 3 rd trimester
16	International Journal of Endorsing Health Sciences Research (IJESHHR)	2022	13	Assessment of risk factors among female patient with various acute coronary syndromes types presenting to cardiology unit DHQ Kohat, Pakistan
17	Frontiers in Medicine	2022	11	The genetic cause of neurodevelopmental disorders in 30 consanguineous families

Teaching experience

Jan 2009 till 2018 -continued: as Assistant Professor to Professor in KMU Institute of Medical Sciences (KMU-IMS) Kohat, Khyber Pakhtunkhwa, Pakistan.

From 2018 onwards: as Professor in KMU Institute of Medical Sciences (KMU-IMS) Kohat, Khyber Pakhtunkhwa, Pakistan.

Other Interests:

- i. Teachers' Training on modern teaching methodology.
- ii. Assessment
- iii. Curriculum analysis
- iv. M.Phil thesis evaluator and oral examiner

Research Interest:

Studies on genetic polymorphisms with special reference to Nicotinamide phosphoribosyl transferase level in pregnancy complicated by hypertension.

HEC SUPERVISOR

Approved HEC supervisor for M.Phil/Ph.D in Biological Sciences (Biochemistry)

Skills:

- Ability to work on research projects in cross disciplinary teams.
- Very cordial in professional and personal relationships.
- Highly collaborative and desire to contribute positively to the work of colleagues.
- Leadership skills.

Communication Skills

- Mother language: Pashto
- Urdu
- English

PARTICIPATION IN WORKSHOPS / CONFERENCES

Abstracts Presented in International conferences

R Nazli, A Shaheen, S Fatima, MJ Khan Serum visfatin level and its relationship to anthropometric and metabolic parameters in pregnancy induced hypertension Clinical Nutrition 37, S290

Abstracts Presented in National conferences

References:

Prof. Dr. Rubina Nazli PhD

Professor

Department of Biochemistry

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Peshawar, Pakistan

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Prof. Dr. Sadia Fatima PhD

Professor

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